

Resources

+ FOR YOUR PHYSICIAN

DOCTORS FOR CANNABIS REGULATION – The first and only national physicians' association dedicated to the legalization and effective regulation of cannabis for adults. <https://dfcr.org/>

ASSOCIATION OF CANNABIS SPECIALISTS – Ensures the highest standards in the practice of cannabis medicine. <https://www.cannabis-specialists.org/>

THE AMERICAN CANNABIS NURSES ASSOCIATION – To advance excellence in cannabis nursing practice through advocacy, collaboration, education, research and policy development. <https://cannabisnurses.org/>

+ RECOMMENDED READING

Cannabinoids and the Brain (2017) by Linda A. Parker

Cannabis and Cannabinoids: Pharmacology, Toxicology, and Therapeutic Potential by Franjo Grotenhermen and Ethan Russo

Medical Cannabis: What Clinicians Need to Know and Why: Basic Science & Clinical Applications (2016) by Gregory L. Smith

Cannabis Pharmacy: The Practical Guide to Medical Marijuana by Michael Backes (2017)

+ CLINICAL STUDIES

CLINICAL STUDIES AND CASE REPORTS – Searchable database of diagnosis, author, year, design, and outcomes. <https://www.cannabis-med.org/studies/study.php>

TREATMENT FOR SPACISITY – Nabiximols had a positive effect on spasticity symptoms in patients with motor neuron disease. <https://www.ncbi.nlm.nih.gov/pubmed/30554828>

STUDY ON NEUROPATHIC PAIN – Cannabis sativa 9-tetrahydrocannabinol (THC) and analgesic efficacy in neuropathic pain states. <https://www.ncbi.nlm.nih.gov/pubmed/30312630>

MEDICAL MARIJUANA LAWS IN LOUISIANA

in 2016, the state passed and signed a pair of bills – SB 271 and SB 180 to the "prescription" language issue, establish legal protection for patients, and expand the qualifying conditions.

+ **SB 271** – To amend and reenact R.S. 40:1046, relative to medical marijuana; to provide for physician requirements, definitions, rulemaking requirements, responsibilities of certain licensing boards and agencies, an effective date, and related matters. <https://www.legis.la.gov/legis/ViewDocument.aspx?d=983501>

+ **SB 180** – Provides exemption from prosecution for anyone lawfully in possession of medical marijuana.

Provided courtesy of



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Shreveport, LA 71104

209 Bayou Gardens Blvd, Suite S
Houma, LA 70364

HOW TO TALK TO YOUR PRIMARY DOCTOR ABOUT

MEDICAL MARIJUANA



+ 318 227 4088

Fax: 318-227-4086

Contact The Healing Clinics, LLC
for help communicating with your primary
physician or to get more information.

Provided courtesy of



7 Steps to Starting the Conversation

1 BE HONEST

Honesty is important in creating a good relationship with your physician. Be candid about why you feel cannabis might help with your condition.

2 MAKE RECOMMENDATIONS

Feel free to recommend which form of cannabis you would prefer. There are various routes of administration that you can take medical marijuana.

3 BE TRANSPARENT

If you've used marijuana before, be transparent about your usage and results. Being transparent about previous usage might help your physician in deciding whether medical marijuana is right for you.



4 ASK QUESTIONS

Feel free to ask the doctor a variety of questions regarding medical marijuana use and how it can affect you. Before you go any further, you should clear your mind of any doubts. This can be achieved by asking questions.

5 DO YOUR HOMEWORK

Prior to visiting your doctor, make sure you have the basics about medical marijuana and the way it can be beneficial to your condition. Take time to study the available literature about your condition and how cannabis relates to it.

6 BE PREPARED

Your primary physician will need to provide paperwork to the recommending physician that verifies your approved condition. Be prepared by educating yourself about which conditions are approved for treatment in your state.

7 ALLOW THE PROCESS

If your primary doctor isn't familiar with treatment using medical marijuana, allow him or her time to research medical findings and confirm it's appropriate for you and fits your current treatment plan.

Qualifying Conditions

If you have been diagnosed with the following conditions, you may qualify for treatment with medical marijuana.

Cancer	Spasticity
Positive status for HIV	Severe muscle spasms
AIDS	Glaucoma
Cachexia	Intractable pain
Seizure disorders	Post-traumatic stress disorder
Epilepsy	Parkinsons
Muscular Dystrophy	Some cases of Autism spectrum disorder
Crohn's Disease	
Multiple Sclerosis	

Talk to your primary physician about adding medical marijuana to your treatment plan and why you think it would be beneficial.